

Intranasal Naloxone (Adapt)



NARCAN by Adapt Pharma [<https://www.narcan.com/>] is a newer formulation of administering naloxone intranasal. It may or may not be what you can acquire at a pharmacy. It is easier to use because there is no assembly required. With all formulations of naloxone, it is important to check the expiration date and make sure to keep it from light and extreme temperatures.



NARCAN® (naloxone HCl) Nasal Spray 4mg

INTRANASAL ADMINISTRATION

1. Confirm overdose and call 911. Tell them that someone is unresponsive and not breathing and provide address.
2. Open the medication package and lay the person on their back.
3. Hold the NARCAN with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
4. Tilt the person's head back, provide support under their neck.
5. Gently insert the tip of the nozzle into one nostril until your fingers are against the bottom of the person's nose. Press the plunger firmly to give the entire dose into one nostril.
6. Place individual on their side in the recovery position.
7. If there is no change after 2-3 minutes, administer another dose of naloxone.



CPR and Rescue Breathing should only be used if you are trained or certified.

SIGNS OF AN OVERDOSE (Source: SAMHSA.gov)

- Face is extremely pale and/or feels clammy to the touch
- Body goes limp
- Fingernails or lips have a purple or blue color
- Start vomiting or making gurgling noises
- They cannot be awakened or are unable to speak
- Breathing or heartbeat slows or stops